



Learning Lunches...

The perfect work/life balance.

90 minute bite-sized sessions to address your training needs in the time it takes to eat a sandwich.

What are Learning Lunches?

It's a classic response – when times are hard the training budget is one of the first things to feel the squeeze. And when it's all hands to the pump, there's not much time to remove people from the day-to-day operation, even if you've managed to hang onto some of your budget.

Yet all the research shows that those organisations who choose to continue with their learning and development plans out-perform those who do not. Offering training to your staff underlines how much you value them, as well as developing capabilities and helping to retain your talented individuals.

Learning Lunches are our solution to help you keep vital training on the menu with negligible disruption to the operation and your finances. Our bite-sized training sessions are manageable portions of expertise, designed to fit in a lunch hour, and held at your offices.

Just a minute!

We all know that we can manage our time better and you might already have some experience of time management practices. This is different; our take on 'time management' will be exploring why we don't do what we know we should – why do we rarely follow the advice we give ourselves?

Basing our thinking around the HBDI model, we will look at how our brains work and how the four predominant thinking styles affect the way both we and our colleagues manage time. Once we understand this, we can adapt the way we work to get the best out of ourselves and our teams. We will also provide you with a take away of top time management tips to keep you on track.

Choose from a range of topics and invite as many people as you like for just

£995 + VAT!

To find out more call us on 01753 373063 or email info@ceruleanblu.co.uk
We're happy to discuss the sessions with you and send you further information about our Learning Lunches.