



## Learning Lunches...

The perfect work/life balance.

90 minute bite-sized sessions to address your training needs in the time it takes to eat a sandwich.

## Employee engagement – 7 steps to trust

Employee engagement is a crucial component of business success and a barometer of staff commitment and connection. Good levels of engagement will help with talent retention, productivity, performance and make your organisation a nice place to work! This session has been designed to provide three specific outcomes:

- Explore some of the dynamics of trust in the workplace
- Develop an understanding of seven proactive leadership behaviours that can help (re)build trust
- Identify ways to apply these behaviours to improve engagement and a sense of trust

This session is interactive and experiential with lots of group discussion. Participants will be exploring the complexities of trust and finding ways to build strategies to increase levels of trust in their team, department or organisation.

## What are Learning Lunches?

Learning Lunches are bite-sized training sessions: manageable portions of expertise, designed to fit in a lunch hour.

If times are hard, the training budget is one of the first things to feel the squeeze. Yet research shows that those organisations who choose to continue with their learning and development plans out-perform those who do not. Learning Lunches are a great way to keep on top of training efficiently and cost-effectively.

Designed by Dr Lesley Aitcheson and Cerulean's team of learning & development specialist, our Learning Lunches have a proven record with many organisations including top universities, charities, trusts, corporations, and councils.

A range of topics and as many participants as you like for just

**£995 + VAT!**

To find out more call us on 01753 373063 or email [info@ceruleanblu.co.uk](mailto:info@ceruleanblu.co.uk)