



BITE-SIZE LEARNING

TEAM EXCELLENCE

Bite-sized training sessions: manageable portions of expertise, designed to fit in a lunch hour.

We look forward to joining you for this bite-size learning



What is bite-size learning?

If times are hard, the training budget is one of the first things to feel the squeeze. Yet research shows that those organisations who choose to continue with their learning and development plans out-perform those who do not. Bite-size learning is a great way to keep on top of training efficiently and cost-effectively.

Designed by Dr Lesley Aitcheson and Cerulean's team of learning & development specialists, our bite-size learning has a proven record with many organisations including top universities, charities, trusts, corporations, and councils.

Team Excellence

- How do you get the best out of any team?
- What are the issues and how do you resolve them?
- How do you make the best of people's differences rather than allow them to become obstacles to reaching your goals?
- How do you resolve conflict in teams?
- Are you struggling to achieve the high standards and results you expect when working together?

This bite-size learning is based around the 'Apollo Syndrome', a phenomenon discovered by Dr Meredith Belbin that describes why teams of talented, capable people often produce mediocrity when working collectively. Using this knowledge, we will explain how you can get the best out of your team, the consequences of personal style, and the importance of looking at the strengths of the team as a whole rather than each individual.

To find out more about our Team Performance bite-size learning sessions, click [here](#)