

BITE-SIZE LEARNING

GENDER AWARENESS

Bite-sized training sessions: manageable portions of expertise, designed to fit in a lunch hour.

We look forward to joining you for this bite-size learning



What is bite-size learning?

If times are hard, the training budget is one of the first things to feel the squeeze. Yet research shows that those organisations who choose to continue with their learning and development plans out-perform those who do not. Bite-size learning is a great way to keep on top of training efficiently and cost-effectively.

Designed by Dr Lesley Aitcheson and Cerulean's team of learning & development specialists, our bite-size learning has a proven record with many organisations including top universities, charities, trusts, corporations, and councils.

Gender Awareness

Official figures from the European Institute for Gender Equality indicate that one in three women in the European Union from the age of 15 experience physical and/or sexual violence at least once in their lives.

It is not only women who are affected by gender-based violence in our society, and the adverse effects of gender-based harassment are considerable, including in our organisations.

This session helps raise awareness and strengthen confidence in dealing with these issues. Participants will explore the nature of gender, developing a deeper sense of its nature, role, and manifestations in society.

What do we cover?

- What is gender? Why is it important to consider?
- What we mean by gender and gender equality
- Consider four aspects of gender: Assignment, Role, Identity, and Attribution
- The cultural and social background, including socially-constructed roles and intersectionality
- The legal background – how to avoid and deal with direct and indirect gender discrimination, harassment and victimisation

To find out more about our EDI&B bite-size learning sessions, click [here](#).