



## BITE-SIZE LEARNING

# EMPLOYEE ENGAGEMENT – 7 STEPS

**Bite-sized training sessions:** manageable portions of expertise, designed to fit in a lunch hour.

*We look forward to joining you for this **bite-size learning***



## What is bite-size learning?

If times are hard, the training budget is one of the first things to feel the squeeze. Yet research shows that those organisations who choose to continue with their learning and development plans out-perform those who do not. Bite-size learning is a great way to keep on top of training efficiently and cost-effectively.

Designed by Dr Lesley Aitcheson and Cerulean's team of learning & development specialists, our bite-size learning has a proven record with many organisations including top universities, charities, trusts, corporations, and councils.

## Employee Engagement – 7 Steps to Trust

Employee engagement is a crucial component of business success and a barometer of staff commitment and connection. Good levels of engagement will help with talent retention, productivity and performance, and make your organisation a nice place to work!

This session has been designed to provide three specific outcomes:

- Explore some of the dynamics of trust in the workplace
- Develop an understanding of seven proactive leadership behaviours that can help (re)build trust
- Identify ways to apply these behaviours to improve engagement and a sense of trust

This session is interactive and experiential with lots of group discussion. Participants will be exploring the complexities of trust and finding ways to build strategies to increase levels of trust in their team, department or organisation.

To find out more about our Team Performance bite-size learning sessions, click [here](#)