



BITE-SIZE LEARNING

DISABILITY AWARENESS

Bite-sized training sessions: manageable portions of expertise, designed to fit in a lunch hour.

We look forward to joining you for this bite-size learning



What is bite-size learning?

If times are hard, the training budget is one of the first things to feel the squeeze. Yet research shows that those organisations who choose to continue with their learning and development plans out-perform those who do not. Bite-size learning is a great way to keep on top of training efficiently and cost-effectively.

Designed by Dr Lesley Aitcheson and Cerulean's team of learning & development specialists, our bite-size learning has a proven record with many organisations including top universities, charities, trusts, corporations, and councils.

Disability Awareness

People with disabilities are significantly underrepresented in our universities and workplaces.

This workshop explains more about the different types of disabilities you may encounter or experience, how disabilities can impact on people's work, and how to create a more inclusive workplace.

The session will provide you with tools and tips for creating a diverse workplace that welcomes and includes people with disabilities.

What do we cover?

- What do you know about disability?
- Understanding the social model of disability
- Relevance of the Equality Act 2010 – what does it mean to your organisation and to you?
- Review of existing organisational policies and procedures
- Common assumptions and labelling
- Exploring current barriers to access and integration of disabled people
- Exploring the communication barriers that disabled people may have
- What do you need to stop doing and start doing?

To find out more about our EDI&B bite-size learning sessions, click [here](#).