BITE-SIZE LEARNING

ALL FOR ONE & ONE FOR ALL

Bite-sized training sessions: manageable portions of expertise, designed to fit in a lunch hour.

We look forward to joining you for this **bite-size learning**



What is bite-size learning?

If times are hard, the training budget is one of the first things to feel the squeeze. Yet research shows that those organisations who choose to continue with their learning and development plans out-perform those who do not. Bite-size learning is a great way to keep on top of training efficiently and cost-effectively.

Designed by Dr Lesley Aitcheson and Cerulean's team of learning & development specialists, our bite-size learning has a proven record with many organisations including top universities, charities, trusts, corporations, and councils.



All For One & One For All

Understanding diversity is no longer a nice-to-do but a must do; treating everyone with dignity and respect and ensuring that everyone is able to contribute and be heard is the right thing to do, both for the individual and the business.

You will see exactly how diverse we all are, and what the benefits are, as well as gaining the skills to help you challenge and deal with discriminatory behaviour.

What do we cover?

- We will make sure you have the basics of current equalities legislation under your belt.
- Help you understand the ideas behind diversity.
- Show you how prejudice and stereotyping can get in the way of good business.