



## Learning Lunches...

The perfect work/life balance.

90 minute bite-sized sessions to address your training needs in the time it takes to eat a sandwich.

### What are Learning Lunches?

It's a classic response – when times are hard the training budget is one of the first things to feel the squeeze. And when it's all hands to the pump, there's not much time to remove people from the day-to-day operation, even if you've managed to hang onto some of your budget.

Yet all the research shows that those organisations who choose to continue with their learning and development plans out-perform those who do not. Offering training to your staff underlines how much you value them, as well as developing capabilities and helping to retain your talented individuals.

Learning Lunches are our solution to help you keep vital training on the menu with negligible disruption to the operation and your finances. Our bite-sized training sessions are manageable portions of expertise, designed to fit in a lunch hour, and held at your offices.

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### Top of the pops!

How do you get the best out of any team? What are the issues and how do you resolve them? How do you make the best of people's differences rather than allow them to become obstacles to reaching your goals? How do you resolve conflict in teams? Are you struggling to achieve the high standards and results you expect when working together?

This Learning Lunch is based around the 'Apollo Syndrome', a phenomenon discovered by Dr Meredith Belbin that describes why teams of highly capable individuals often only achieve mediocrity when working collectively. Using this knowledge, we will explain how you can get the best out of your team, the consequences of personal style and the importance of looking at the strengths of the team as a whole rather than each individual.

Choose from a range of topics and invite as many people as you like for just

**£750 + VAT!**

To find out more call us on 01753 373063 or email [info@ceruleanblu.co.uk](mailto:info@ceruleanblu.co.uk)  
We're happy to discuss the sessions with you and send you further information about our Learning Lunches.